

Maggie Sprague, M.Ed., LMFT
Wellness Counseling & Consulting Services
20512 SW Roy Rogers Rd., Suite 150
Sherwood, OR 97140

Philosophy & Approach

I believe that people should be treated with respect to their uniqueness. I believe that everyone has the ability to reach an optimum level of health and well-being with a little help and the right tools. I employ a relational, systemic approach that incorporates this philosophy by addressing not only individual and family issues but the environment and community that affect that individual or family. My approach is very collaborative, both with the community and the client, and includes a focus on cognitive and behavioral aspects.

Formal Education & Training

I hold a Masters Degree in Marriage and Family Therapy from the University of Oregon. Specialized training areas include working with adolescents and their families, adults, and couples.

Licensure

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. To maintain my license I am required to participate in annual continuing education, taking classes dealing with subjects relevant to this profession. I may substitute professional supervision for part of this requirement.

Fees

The usual and customary fee for service is \$100 per 50-minute session. Clients who pay their bill in full at the time of service will receive a 10% discount. Sessions longer than 50 minutes will be charged for the additional time pro rata. A limited number of reduced fee slots are available.

Client Bill of Rights

As a client of an Oregon Licensee and of Wellness Counseling & Consulting Services you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee;
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at: 3218 Pringle Road SE, #120, Salem, OR 97302-6312. Telephone: 503/378-5499. E-mail: lpct.board@state.or.us